

The Forget-me-not Cafés in Watchet and Stogursey  
present

‘Our Spring Programme’

All welcome between 1030 and 1200

in The Sanctuary,  
Swain St, Watchet

& at Church Rooms,  
Castle St, Stogursey

		<b>First Birthday Party</b>	<b>Jan 8</b>
<b>15 Jan</b>	<b>Gentle exercise for health</b> <b>Julie Bolton</b>	<b>Coffee, chat and cake</b>	<b>Jan 22</b>
<b>29 Jan</b>	<b>Coffee, Cake and Chat</b>	<b>Coffee, chat and cake</b>	<b>Feb 5</b>
<b>12 Feb</b>	<b>Fun with Paint</b> <b>Trampas Brown</b>	<b>Coffee, chat and cake</b>	<b>Feb 19</b>
<b>26 Feb</b>	<b>Coffee, Cake and Chat</b>	<b>Coffee, chat and cake</b>	<b>Mar 4</b>
<b>11 Mar</b>	<b>Making cakes in The Corner Cafe</b> <b>Liz Snell</b>	<b>Coffee, chat and cake</b>	<b>Mar 18</b>
<b>25 Mar</b>	<b>Coffee, Cake and Chat</b>	<b>Coffee, chat and cake</b>	<b>Apr 1</b>
<b>8 Apr</b>	<b>Coffee, Cake and Chat</b>		
<b>29 Apr</b>	<b>Restart</b>		<b>Apr 22</b>

**DAA**

Watchet & the Quantocks  
Dementia Action Alliance

Helping the whole area become dementia friendly.

For more information,  
please contact 079736380  
or [watchetdementia@gmail.com](mailto:watchetdementia@gmail.com)